



Dun Laoghaire Tidytowns Safety Summary Checklist

Wear

- High vis vest
- Gloves
- Suitable outdoor footwear
- Suitable clothing without loose material
- Safety goggles when necessary

Do

Use

- Litter pickers, or a brush and pan
- Suitable outdoor footwear
- Suitable clothing without loose material
- Safety goggles when necessary

Report

- Cuts and scratches – have them attended to immediately
- Contact ambulance service immediately in the event of serious injury
- Contact Gardai in the event of any serious threat

Don't

- Pick up bundles of litter with your hands
- Put hands into or rummage in piles of litter or leaves
- Collect discarded syringes. (report to DLRCOCO)
- Use any dangerous cleaning products
- Touch any electrical cables.
- Work close to the sea where there is any risk of falling without adequate precautions
- Lift heavy loads that could cause injury

Take care

- Have a fellow volunteer watch for oncoming traffic if you are working on road or at kerbside.
- Avoid prolonged bending, twisting and sudden movements
- Use sunscreen, sunglasses, longsleeves, longpants where necessary
- Drink plenty of water



- Respect all national restrictions and guidelines
 - Social distancing, masks, hand washing, outdoor gatherings
- Check and obey weekly DLTT mail re cleanups